Two Lochs Trail

This leaflet is provided as a guide only. Please make sure that you have a map, suitable clothing and the equipment appropriate to your planned route, particularly in poor weather conditions. Remember – the conditions in the can change quickly in the mountains.

Description

A gentle 2-mile part-circular route on well-made paths through a pine forest taking in two beautiful lochs - Loch Garten and Loch Mallachie. A lovely spot for wild swimming and on a clear day there are panoramic views across to the Cairngorm mountains.

In the summer you may see redstarts, tree pipits and spotted flycatchers as well as goldeneye ducks. Winter brings pink-footed geese, greylag geese and whooper swans. This is also a great spot to look for red squirrels and crossbills.

Starting point

Start at the car park at NH 972185, nearest postcode is PH24 3BY. Turn towards Loch Garten from the road between Boat of Garten and Nethy Bridge, the car park is on your right after about 1 mile. The <u>RSPB Osprey Visitor Centre</u> (summer only) can be found a little further up this road.

The walk

- 1. From the car park, walk away from the road past the information boards and down the wide path into the woods, passing the wooden sign indicating the 'Two Lochs Trail'.
- 2. After about 300m, the path forks to join the circular section of the walk. You can go left or right at this point the left fork takes you clockwise along the side of Loch Garten.
- 3. As you follow the path, you will catch glimpses of the loch through the trees. There are lots of enticing side-paths taking you down to the water's edge revealing the views across the water.
- 4. Soon the path heads away from Loch Garten and towards Loch Mallachie which has some amazing exposed tree roots along the bank and a couple of tiny forested islands framing the view of the distant mountains. There's a lovely bench here, to sit and experience the sights, smells and sounds of the landscape.
- 5. The return part of the route is signposted and turns away from Loch Mallachie heading back along a clear trail back to the car park.
- 6. To complete your trip, why not treat yourselves to a visit to the <u>Nethy House Café</u>?

